

Educational Activity Documentation

The participant will be able to:

A. Identify the benefits of music

Enumerate physical & psychological benefits of music derived from research

30 minutes

Lecture & Discussion

B. Explore the history and current trends of music used as therapy

Trace uses of successful uses of music

15 minutes

Lecture & Discussion

C. Discover and design practical applications

Demonstrate how to apply uses of music

60 minutes

Demonstrate/discussion with questions and answers

D. Differentiate between music used for different health concerns

Explain the differences & uses of music

30 minutes

Lecture & Discussion

E. Identify the steps required to implement therapeutic music programs

Various scenarios will be taught to the participants

30 minutes

Demonstrations and practice activities

F. Analyze the data

Question & Answer Session

15 minutes